



COVERAGE CHANGES

EFFECTIVE JANUARY 1, 2024

FOR TEACHERS OF WINNIPEG SCHOOL DIVISION

As previously announced, as part of the transition to the Manitoba Public School Employees (MPSE) benefit plans, some changes to your coverage are being gradually rolled out over a three-year period.

This newsletter provides information on what's changing as of January 1, 2024. For more details about your coverage in general, please visit www.mpsebp.ca.



Health plan

Pharmacy dispensing cap: Increasing from \$7 to **\$10** per prescription

Paramedical services: Reducing from \$900 to **\$850** per practitioner / person / calendar year

- Acupuncturist
- Audiologist
- Chiropractor
- Naturopath
- Occupational therapist
- Physiotherapist/athletic therapist (combined)
- Podiatrist/certified foot care nurse (combined)
- Osteopath
- Registered dietitian
- Speech-language pathologist

Massage therapist: Remaining at **\$850** / person / calendar year

Mental health services: Remaining at **\$1,500** / person / calendar year

Vaccines: Reducing from \$3,000 to **\$2,000** / person / calendar year

Private duty nursing: Reducing from \$7,000 to **\$5,000** / person / calendar year



Dental plan

Basic Dental expenses: Reducing from 100% to **80%** reimbursement

Basic and Major Dental services: Combined maximum reducing from \$2,000 to **\$1,750** / person / calendar year

Orthodontics (dependent children only): Maximum reducing from \$2,000 to **\$1,750** / calendar year

There will be no change to premium rates for the Health and Dental plans as a result of the January 1, 2024 plan changes. The renewal rates effective September 1, 2023 will remain in effect for 12 months until September 1, 2024.

<p>MPSE Benefit Plans Website</p>	<ul style="list-style-type: none"> ▶ Access Health and Dental plan summaries sorted by school division, as well as Life and Accident Insurance information ▶ Review coverage summaries, reasonable and customary maximums applicable to paramedical coverage, life insurance rate calculator, newsletters, retiree information 	<p>www.mpsebp.ca</p>
<p>Blue Cross Plan Member Site</p>	<ul style="list-style-type: none"> ▶ View your remaining coverage amounts for the benefit year, submit claims online, set up direct deposit reimbursement, access your ID card ▶ Manage your coverage on the go with the mybluecross® mobile app 	<p>www.mb.bluecross.ca</p>